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# **HOOPSTERS' ACTION JUNCTIONS**

**IN COLLABORATION WITH  
PLAY/PRE SCHOOLS, ACTIVITY CENTERS & GATED  
COMMUNITIES**



## **ABOUT HOOPSTERS**

Hoopsters is a one of its kind “non-academic” hybrid educational platform with a focus on mental health, parenting, life skills and sustainability. It is about building an aware community of individuals (across age groups) and an eco system that caters to the needs of the individual not only in the aspect of creating awareness but also help in intervention and support.



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## **ABOUT HOOPSTERS' ACTION JUNCTION**

One of the main agendas of Hoopsters in building micro communities is to provide reliable access to support and help close to their homes. The Hoopsters' Action Junctions are safe spaces that enable this. These brick and mortar centers, set up in collaboration with existing Playschools or Activity centers, will be the nodal points for regular activities that address specific needs of individuals especially in the domains of mental health, child development, life skills, parenting and sustainability.



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## THE ACTION JUNCTION USP

- Unlike workshops at other activity centers, engagements at Hoopsters Action Junctions will focus on continuity in engagement with an objective to create a tangible outcome.

The focus also extends to

- Involving the catchment areas around the Action Junction in activities
- Extending intervention and support to those in need.
- Building a peer community.
- Tapping into the potential of the participants to bring about change in the individual and the world around them.



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### **OUR TARGET AUDIENCE**

We have programs designed for all age groups (4 years to 70 years). Everyone who is within 3 kms of the Action Junction is a potential participant.

Special programs are designed for parents and further segregated into micro groups of Single parents, Parents who have adopted, Parents with Special needs children.

# ABOUT THE ENGAGEMENT



**Hoopsters<sup>™</sup>**  
**ACTION JUNCTION**  
ACTIVITIES. WORKSHOPS. COUNSELLING

NOW AT

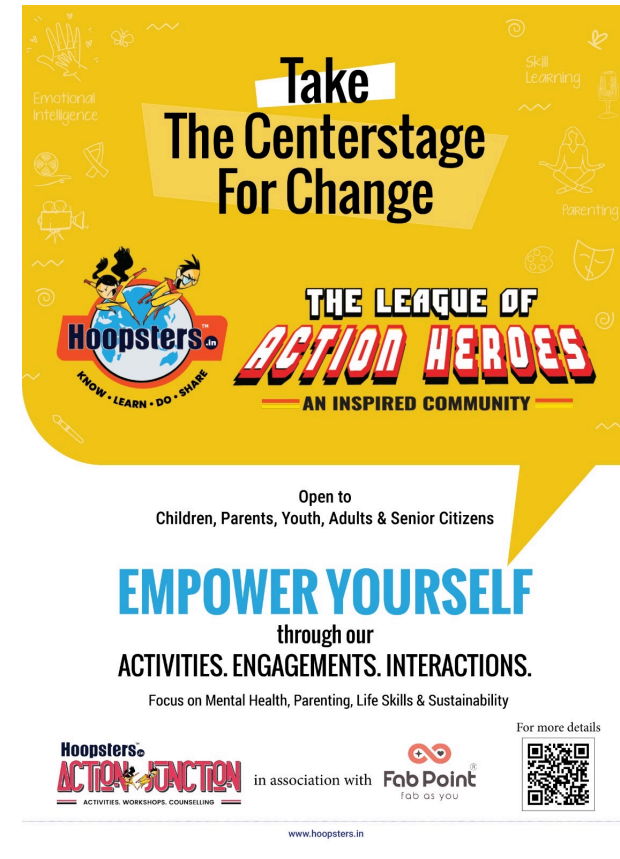


**MapleBear**  
Canadian School  
RMV 2<sup>nd</sup> Stage


Focus on Mental Health, Parenting,  
Life Skills & Sustainability

**EMPOWER YOURSELF**  
Open to Children, Parents, Youth, Adults & Senior Citizens

For more details  
Ask at Reception or Call  
**Mrs Ritu Handa 9538100969 /  
Bala 9845040278**  
www.hoopsters.in




Take  
The Centerstage  
For Change





**THE LEAGUE OF  
ACTION HEROES**  
AN INSPIRED COMMUNITY

Open to  
Children, Parents, Youth, Adults & Senior Citizens

**EMPOWER YOURSELF**  
through our  
ACTIVITIES. ENGAGEMENTS. INTERACTIONS.  
Focus on Mental Health, Parenting, Life Skills & Sustainability



in association with  **Fab Point**  
Fab as you



For more details

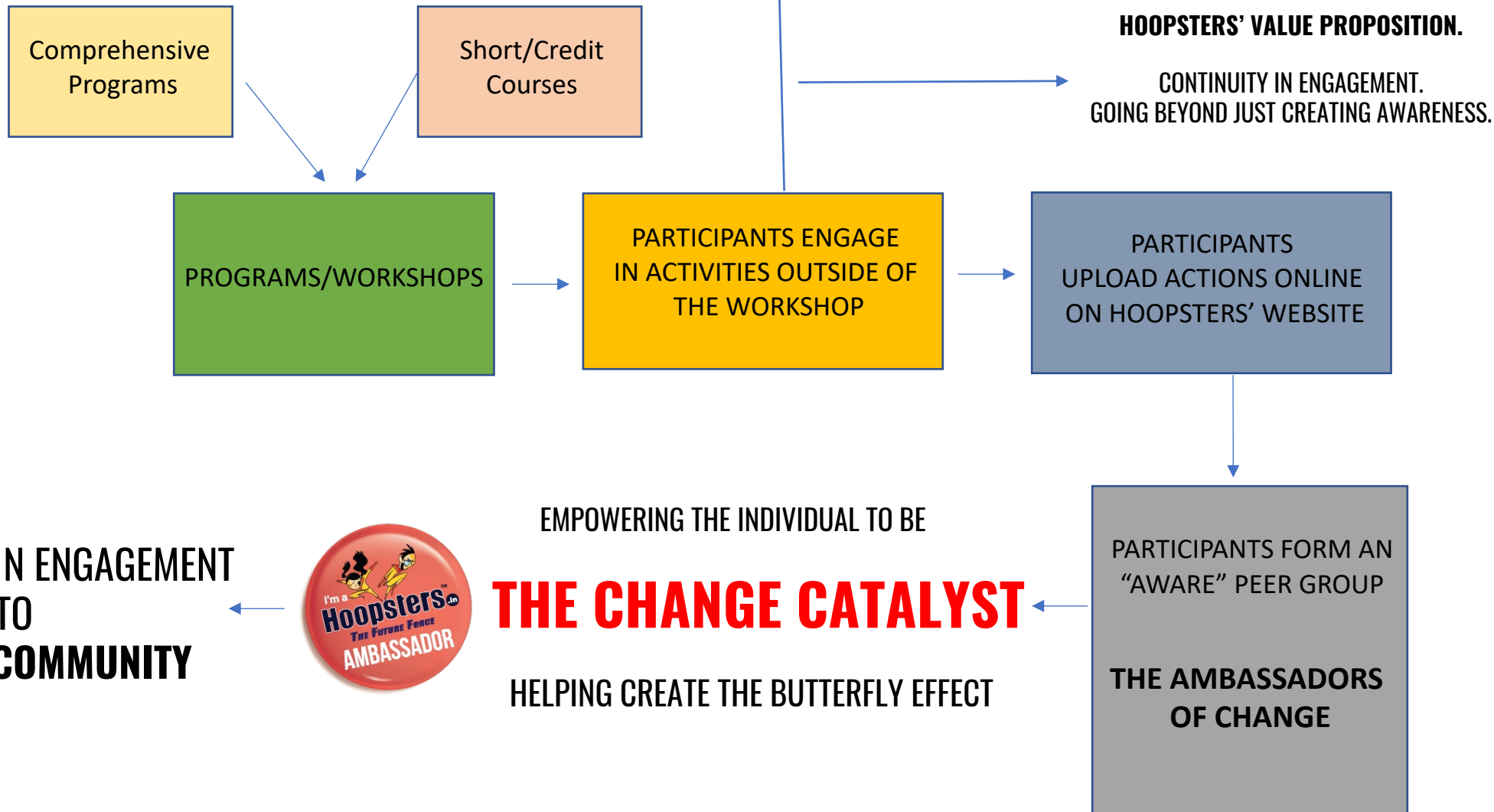
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## **ISSUES ADDRESSED**

**Focus on Mental Health, Child Development, Parenting, Life Skills, Sustainability and Senior citizens.**



OFFLINE-ONLINE

**STRUCTURE OF OUR WORKSHOPS**

# CONTINUITY OF ENGAGEMENT THROUGH THE YEAR

NURTURING THE PARTICIPANTS WITH RELEVANT INFORMATION & TOOLS TO HELP IMPLEMENT THE LEARNING IN THEIR DAILY LIVES

## YEAR LONG ENGAGEMENT\*

PARTICIPATE IN VARIOUS HOOPSTERS' CONTESTS AND ENGAGEMENTS THAT INVOLVE THE WHOLE FAMILY

### INVITATIONS TO

WEBINARS ON RELEVANT TOPICS

EVENTS AT HOOPSTERS

PEER NETWORK MEETS

SPECIAL ACTIVITIES BY OUR COLLABORATORS

INTER-INSTITUTION COMPETITIONS

OTHER ONLINE/OFFLINE WORKSHOPS/PROGRAMS

ACCESS TO OUR DOMAIN EXPERTS FOR INTERVENTION & SUPPORT

VOLUNTEER AT HOOPSTERS' ACTIVITIES

INTERVIEWS AND SHOWCASE OF ACTIONS ON



SHARING EXPERIENCES



ACCESS TO



HOOPSTERS' MEMERSHIP PRIVILEGES

\*CONDITIONS APPLY



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## **WORKSHOP DETAILS**

**SPECIALLY DESIGNED ENGAGEMENTS FOR ALL AGE GROUPS**

**TODDLERS, CHILDREN, YOUNG ADULTS, YOUTH, ADULTS & SENIOR CITIZENS**  
Special programs for Parents



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### **MENTAL HEALTH:**

Dealing with emotions – Fear.

Anger. Loneliness etc.

Digital addiction/addictions in  
general

Stress at work and home

Child development

Neuro diversity/inclusion

And more.....

### **PARENTING**

Rediscover the “ME” in the Parent

Grooming

Nutrition

Hobbies

Etiquettes

Communication

Building relationships

Raising Eco-Conscious Kids

And more.....



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### **SINGLE PARENTING:**

Moving on in life

Child and education

Finance management

Legal aspects of divorce

Helping the child understand the situation

And more.....

### **ADOPTIVE PARENTING**

When to take the decision

Finding the right adoption center

Legal aspects

Dealing with family/society

Child and schooling

And more.....



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### **SPECIAL NEEDS PARENTING**

Accepting the reality

Dealing with family/society

Seeking help

Interacting with the counselor

Child and special education

And more...

### **SENIOR CITIZENS**

Understanding the new generation

HoopEx Talks- Stories from Seniors

Health and fitness for seniors

Mind Strengthening for Seniors

The antique spot- Like a show and tell  
but for old things

Animal therapy sessions

Volunteering at Hoopsters' activities

And more...



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### **CHILDREN BETWEEN 4 TO 10**

Getting children interested in school subjects through story telling.

Traditional indoor Games

Empathy through Clowning

Fun Magic Tricks

Puppetry

Pottery and motor skills

Rock Balancing

Film making

And more.....

### **YOUNG ADULTS / YOUTH ( open to others too)**

Film making

AI appathon

Communication

Etiquettes

Managing relationships

Sexuality

Hobby clubs

Empathy through clowning

And more...



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## **GENERAL ( age specific)**

### **SUSTAINABILITY**

Sustainable Fashion

Simple Ideas to Make Your Home

Sustainable

Reducing Waste in Your Household

Sustainable Cooking

And more.....

## **GENERAL (age specific)**

### **RELATIONSHIPS**

Romantic

Sexual

Parents & children

Societal interactions

Work place relationships

Caring for Aged Parents

Making friends

Seeking Companionship

And more.....



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### **CLUBS:**

HOBBY CLUB

ART CLUB

MUSIC CLUB

BOOK CLUB

SCIENCE CLUB

PET CLUB

And more.....

### **SCHOOL SYLLABUS BASED**

Using story telling and clowning to get children to appreciate and like subjects like History, English and Geography.  
(Grades 5 -7)



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## **REGULARITY OF THE PROGRAMS**

All programs will be carried out on weekends and holidays.

Total number of programs : 2 -3 sessions/day  
addressing various target groups.

Duration of the programs: 2 hours each

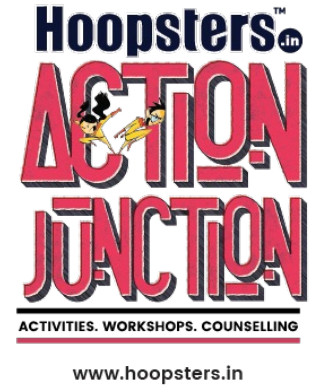
Additional programs on holidays.



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## **PRIVACY TERMS**

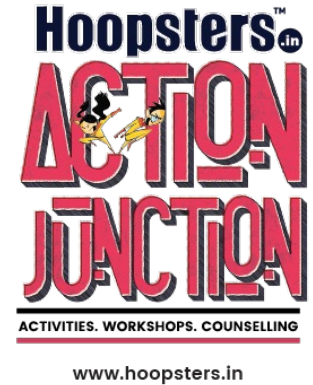
All contact and information details of the participants will be kept confidential and will be used only to promote activities of Hoopsters unless prior permission is taken for other uses.



## THE BIG PICTURE

TAPPING INTO THE POTENTIAL OF THE INDIVIDUAL TO BRING ABOUT CHANGE

BUILDING AN  
ECO SYSTEM AND COMMUNITIES TO INFLUENCE A LARGER AUDIENCE TO CREATE AN INSPIRED SOCIETY



# PEOPLE FOR CHANGE AND COMMUNITY OWNERSHIP

## BE THE CHANGE CATALYST

FOR MORE DETAILS

Email: [bala@hoopsters.in](mailto:bala@hoopsters.in)

Website: [www.hoopsters.in](http://www.hoopsters.in)

Call: Bala @ +919845040278